

# Inflammaging



Optimal Resolution  
Low Pro-Inflammatory Status  
High Efficiency of Stress Response



Inadequate Resolution  
High Pro-Inflammatory Status  
Low Efficiency of Stress Response

Young

Aged

**Unresolved immune function leads to chronic disease.**



Injuries



Infection



Poor Diet



Atherosclerosis



Alzheimer's Disease  
Huntington's Disease  
Parkinson's Disease



Cancer



Insulin Resistance  
Type 2 Diabetes



Arthritis